

THE CENTRALITE

November 2020



CENTRAL IS A RECONCILING IN
CHRIST CONGREGATION

Central's Staff

Pastor Laurie A. Jones
pastorlaurie@
welcometocentral.org
(206-354-6756)

Minister to Christus House
& Campus Ministry
Sister Clare Josef-Maier

Organist/Choirmaster
A. ElRay Stewart-Cook

Associate Organist
Lindsey H. Rodgers

Parish Nurse Sally Diehm

Parish Administrator
Kristi Hoiland

Financial Manager
Cindy Culpepper

Children, Youth & Family
Coordinator Crystal Miller

Church Council

President, Dennis Lindsay
Vice Pres, Larry Sutton
Secretary, Jack Bennett
Co-Treas, Joyce Spence &
Charlotte Bontrager
Matt Haugen
Chris Henry
Deb Hudson
Lauralie Kallinen
Sonia Macke
Ike Olsson
Sheri Pyron

CENTRAL LUTHERAN MISSION STATEMENT
TO BE THE HANDS AND FEET OF JESUS BY:

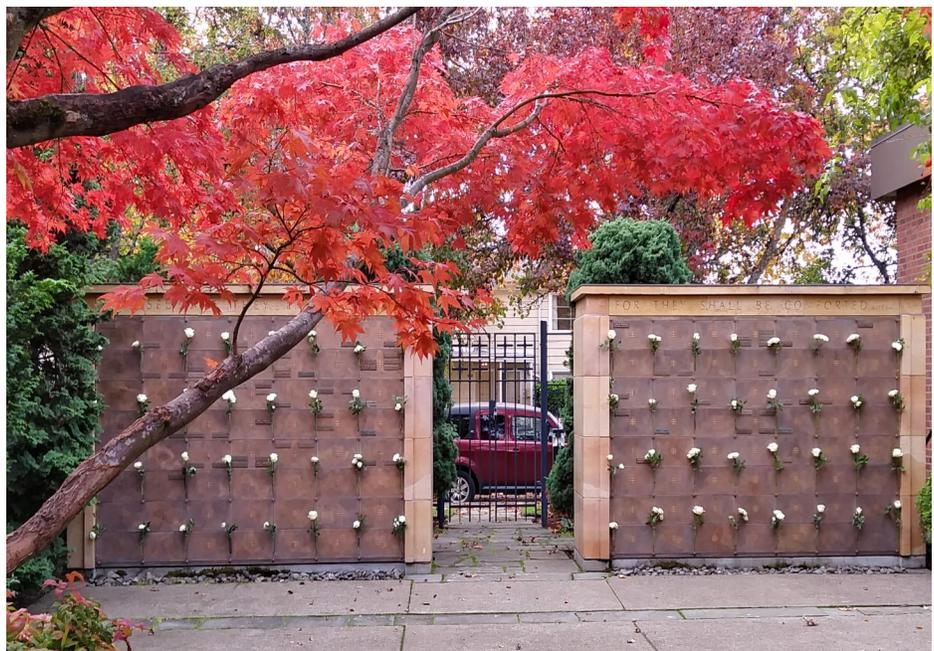
*LOVING GOD AND ONE ANOTHER
NURTURING FAITHFUL LIVING
SERVING THOSE IN NEED
SHARING THE GOSPEL*

WORSHIP WITH US Our Sunday Schedule

- **Sundays at 9am from home via live-stream**
- **Sundays at 9am in the Sanctuary (cap. 50)**
- **Sundays at 11am in the Sanctuary (cap. 50)**

To register for in-person worship please call the church office by Fridays at noon or go to connecttocentral.org.

**For all the Saints
who from their labors rest...**



Dear Beloved Saints of God,

We live in a divided nation, yet we remain one in Christ. We live in uncertain times, yet our God is most certainly with us. We grieve the loss of our loved ones, yet we cling to the promises God makes in the waters of baptism.

The end of October and the beginning of November mark an important time in the Church year. *"All Saints Day"* (Nov. 1st), the day following *"All Hallowed Eve"* (Oct. 31st), marks a day set aside to celebrate "the baptized people of God, living and dead, who are the body of Christ. As November heralds the dying of the landscape in many northern regions, the readings and liturgy [on All Saints Sunday] call us to remember all who have died in Christ and all whose baptism is complete. At the Lord's Table we gather with the faithful of every time and place, trusting that the promises of God will be fulfilled and that all tears will be wiped away in the new Jerusalem" (excerpt from *Sundays & Seasons*). Not only do we pause to remember the saints who have gone before us—of every time and place—we give thanks to God for the living saints, the baptized people of God who make up the body of Christ here at Central Lutheran in Eugene, and we give thanks for the saints as yet unborn, the ones who will come after us.

And so it was, this past Sunday, November 1st—All Saints Day—at our 9am live-stream worship service, as our cantors sang the opening hymn: *"For All the Saints,"* pictures of loved ones who have gone before us were shown on the screen for worshipers from home to see. If you missed it you can still view the slideshow by going to the podcast archives for the Sunday service which can be found on the homepage at: welcometocentral.org.

This was also the fifth year we have gathered for a Service of Remembrance in Central's Memorial Courtyard in the afternoon of All Saints Day where we remember our beloved siblings from Central who have died since last All Saints Day:

Maryon Ferguson

Carol Kennedy

Paul Hellwege

Sharon Henry

Gladys Johnson

Pete Cauble

Marty Madden

Patricia Hall

Martha Sherwood

Terry Madden

Joel Brauer

Joyce Anderson

In that sacred space we are reminded that we are surrounded by the great cloud of witnesses—saints of all times and all places—and we give thanks to God for the beloved whose final resting place is in Central's Columbarium. We give thanks for all of Central members whose names are etched on the bronze plaques that adorn the east wall. And, we give thanks to God as for the lives of all of our loved ones whose pilgrimage on earth has ended. Why? Because we remain one in Christ... Why? Because our God is most certainly with us... Why? Because we cling to the promises God makes in the waters of baptism.

"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God." (Hebrews 12:1-2).

In Christ's Abiding Love,

+Pastor Laurie



WE KEEP IN OUR PRAYERS

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Nicole Christie; Judy Collins; Richard Cook; Greg Foote; Marie Miller; Marta Saunders; Bob Reed; and Richard White. We extend our sympathy to the family and friends of Pete Cauble, Martha Sherwood, Joyce Anderson, and Mike Kennedy upon their recent deaths. Blessed be their memories.

A BRAND NEW MINISTRY OPPORTUNITY

Walking and Praying Together

As part of our Prayer Ministry, you are invited to join Ruth Vettrus and others for a walk around the neighborhood while silently praying for our world, our church, and our neighbors. The Prayer Walk will take place on Thursday afternoons from 4-5pm. All are welcome to gather in the church parking lot safely masked and appropriately distanced. During inclement weather the “walkers/pray-ers” may move inside.

Praying is an opportunity to lift up your neighbor by showing your love for God and neighbor. It is enriching and fulfilling for both the one being prayed for and the one doing the praying. Walking while praying will be good for your spiritual well-being as well as your health! Come and join us.

CHILDREN, YOUTH & FAMILY MINISTRY OPPORTUNITIES

with Central, United & Emmaus (CUE)

Our monthly “**Kids Drop Off/Parents Afternoon Off**” will be held at Central on Wednesday, November 18th from 3:30-6pm. Under the supervision of Crystal Miller, this collaborative “mini-camp” experience is designed to give children ages 3 thru 5th grade a time to play, create, and grow together in faith while simultaneously offering parents a little respite. Middle and High School students are encouraged to help out by serving as “Camp Counselors.” All health guidelines and protocols are in place to ensure everyone’s safety. Our children are invited to join Crystal for **Zoom Sunday School** on Sunday, November 15th at noon. Contact Crystal for the link at fr.cmilller@gmail.com or call/text: 503-320-4055.

In addition to helping with the children, MS/HS students are invited to a drop-in time at United each Wednesday between 11am-4pm for community study time. Break out space is available if you need to have a Zoom meeting. Masks are required.

News from Central's Book Club



The CLC Book Club will meet on Monday, Nov. 9, 2020, at 7:00pm via Zoom to discuss "Hidden Valley Road: Inside the Mind of an American Family" by Robert Kolker. This non-fiction book is the heartrending story of a mid-century American family with twelve children, six of them diagnosed with schizophrenia, that became science's great hope in the quest to understand the disease.

Don and Mimi Galvin seemed to be living the American dream. After World War II, Don's work with the Air Force brought them to Colorado, where their twelve children perfectly spanned the baby boom: the oldest born in 1945, the youngest in 1965. In those years, there was an established script for a family like the Galvins— aspiration, hard work, upward mobility, domestic harmony—and they worked hard to play their parts. But behind the scenes was a different story: psychological breakdown, sudden shocking violence, hidden abuse. By the mid-1970s, six of the ten Galvin boys, one after another, were diagnosed as schizophrenic. How could all this happen to one family?

What took place inside the house on Hidden Valley Road was so extraordinary that the Galvins became one of the first families to be studied by the National Institute of Mental Health. Their story offers a shadow history of the science of schizophrenia, from the era of institutionalization, lobotomy, and the schizophrenogenic mother to the search for genetic markers for the disease, always amid profound disagreements about the nature of the illness itself. And unbeknownst to the Galvins, samples of their DNA informed decades of genetic research that continues today, offering paths to treatment, prediction, and even eradication of the disease for future generations.

With clarity and compassion, best-selling and award-winning author Robert Kolker uncovers one family's unforgettable legacy of suffering, love, and hope. The discussion will be led by Gary Wolfe.

The ZOOM link will be sent out closer to the meeting date. New members are always welcome! If you are not on the CLC Book Club email list and would like to join the discussion, please email Betsy Berg rb24berg@aol.com.

Looking Ahead: The CLC Book Club will meet on Monday, Dec. 14, 2020, at 7:00pm via Zoom to discuss "The Water Dancer" by Ta-Nehisi Coates. The discussion will be led by Terie Gillis.

Campus Ministry Update

Christus House and Hearth & Table

With the new academic year well underway, our 13 new and returning Christus House residents have settled in and are busy with their studies, while simultaneously building community and discovering new ways to serve one another and our neighbors in need.

To that end, Hearth & Table has shifted to a once a week free "To-Go Meal" for food insecure university and college students. In partnership with Food for Lane County and grant funding from the ELCA, Chef Ryan has been preparing a delicious and nutritious meal for students to pick up on Tuesday evenings between 5-6pm with CH residents on-hand to distribute the meals. CH and campus ministry outreach also supports the Episcopal Campus Ministry food pantry now housed at Grace Lutheran Church which is open for food distribution on Wednesdays and Thursdays between 4-6pm.

Outreach Ministry Opportunity

Serving First Place Families

Did you know... that since June members of Central Lutheran Church have been providing a home-cooked meal to First Place Families at the Annex once a week? Donated food is picked up each Friday from the Eugene Mission. Over the weekend, volunteers from Central prepare and cook the meal either in the kitchen at church or in their homes. Then, on Monday afternoon, the meal is delivered to the Annex where approximately 40 men, women, and children are treated to a scrumptious dinner. To find out how you can help, please contact Kim Meyers at klmcpa.meryers@gmail.com.



Dear Members of Central Lutheran,



Just received a new shipment of Equal Exchange, coffee, tea and chocolate or your purchase. So, we are currently taking and will continue to take orders for your home delivery, pick up at the church office, or at a designated location. You can pay by cash, check (made out to Central Lutheran) or by credit card. To order, please call (541) 654-4656, text 623-687-5541, or email jtcockram@gmail.com.

Here is a current list of all organic items available for purchase:

Chocolate -- All Dark Chocolate bars are Gluten free

Bars are \$3 each and minis are \$0.25 each or 5 for \$1.00

- Coconut milk (non-dairy) (55% Cacao)
- Dark Chocolate with Orange (65% Cacao)
- Dark Chocolate with Almond (55% Cacao)
- Dark Chocolate with Mint (67% Cacao)
- Very Dark Chocolate (71% Cacao)
- Dark Chocolate with Carmel Crunch and Sea Salt (55% Cacao)
- Milk Chocolate (43% Cacao)
- Milk Chocolate with Carmel Crunch and Sea Salt (new item) (41% Cacao)
- Dark Chocolate Minis (55% Cacao)
- Milk Chocolate Minis (41% Cacao)

Tea

Box of 20 tea bags are \$3.00 each

- Peppermint (caffeine free)
- English Breakfast Decaf (caffeine free) – New item
- Green Tea
- English Breakfast
- Earl Gray
- Irish Breakfast

Coffee

12 ounce bag for \$7.00

- French Roast Decaf (ground)
- Cozy Cup Decaf (ground)
- Organic Decaf (ground)
- Mind, Body, and Soul (ground)
- French Roast (ground)
- Colombian (ground)
- Breakfast Blend (ground)
- Café Salvador (ground)
- French Vanilla (ground)
- Organic Decaf (whole bean)
- French Roast (whole bean)
- Mind, Body, and Soul (whole bean)
- Breakfast Blend (whole bean)



Miscellaneous items

- K-Cup Coffee – Regular \$7.00 for 12 cups
- K-Cup Coffee – Decaf \$7.00 for 12 cups
- Unsweetened Baking Coco \$5.50 for 8-oz can
- Hot Chocolate \$5.50 for 12-oz can
- Dark Hot Chocolate \$5.50 for 12-oz can

By purchasing these items, you are supporting a more equitable and alternative trade system that empowers small farmers worldwide. Equal Exchange allows farmers to support their families, make stronger communities and become better stewards of the earth. If you have any questions or would like to place an order, please contact us.

Blessings,
Tonya and Keri Cockram

A Message from our Caring4Creation Ministry Team

The earth is awash in plastic of all sorts, and plastics take hundreds of years to decompose, if ever. They just become smaller and smaller pieces which get into the digestive systems of animals we eat and the air we breathe. EarthKeepers has been researching ways to use less plastic, and here are two ways you can make a small change which might have big effect:

1. Buy your shampoo in bar form. Soapboxsoaps.com sells a bar of shampoo which I have tried. It lathers quickly and cleans my hair well. I'm on my first bar, so I will report how many shampoos I get from the bar. It comes in a cardboard box, is made with naturally derived ingredients, is safe for colored hair, is cruelty-free, vegan, and it's made in the USA. Your purchase donates soap to someone in need. Soap=Hope.

2. Buy your household cleaners from a local company which provides refills. Werefyllit.com carries dish detergent, laundry detergent, liquid hand soap, and other household cleaning Products. They deliver to your doorstep and if you leave a quart canning jar out for them they will exchange it for a full quart canning jar. I am ordering from them to try out the cleaning products (from azureclean.com, also an Oregon company). I'll report back next month.

The whole issue of recycling has been confusing across Oregon. To read an update from OPB, "Oregon Wants Companies to Help Pay for New Recycling System" go to Interfaihearthers.org.

Meanwhile, try to purchase products in glass or biodegradable containers. Talk to store managers, requesting products in other-than-plastic packaging. EarthKeepers is building a list of locally available plastic-free products; please let us know if you have additions to add to our list. Share your successes with others. We are always looking for new ideas!

Central Lutheran Church

Jan-Sept 2020 Compared to Jan-Sept 2019 Income:Expense Summary

	Jan-Sept 2020	Jan-Sept 2019	Difference
Regular Envelopes	\$ 410,451.06	\$ 432,310.45	\$ (21,859.39)
Other Offerings	\$ 2,618.90	\$ 6,507.53	\$ (3,888.63)
Holiday Offerings	\$ 4,253.00	\$ 7,270.80	\$ (3,017.80)
Other Income	\$ 22,874.04	\$ 54,349.88	\$ (31,475.84)
Departmental Income	\$ 40,704.44	\$ 76,406.66	\$ (35,702.22)
Total Income	\$ 480,901.44	\$ 576,845.32	\$ (95,943.88)
Total Expenses	\$ 504,739.22	\$ 575,022.66	\$ (70,283.44)
YTD Net Income	\$ (23,837.78)	\$ 1,822.66	\$ (25,660.44)

FISH(ing) REPORT



This time of year we are usually preparing for our November Food and Fund Drive for Friends In Service to Humanity (FISH). We want to assure you that FISH is continuing to serve those in our community in a crisis situation. Needless to say, we will not be able to do our annual food drive, but if you would like to support FISH financially it would be greatly appreciated.

COVID has caused hardships for many and empty stomachs and prescription needs are still out there. As always please make your checks out to FISH, and you can mail them to the church office or to Steven and Norma Edman, 2365 Oakway Terrace, Eugene 97401. Your prayers for all the volunteers that have masked-up and are still working hard and for those that are being helped are truly appreciated. Thank you for sharing in this ministry. Steven and Norma Edman

CENTRAL LUTHERAN CHURCH

A CONGREGATION OF THE EVANGELICAL LUTHERAN CHURCH IN AMERICA
1857 POTTER STREET EUGENE 97403
541-345-0395 ~ ~ 541-345-2499(FAX)

WEBSITE: WWW.WELCOMETOCENTRAL.ORG